

## Time Management for Pastors – Resource List

### Resources

- [Presentation slides](#)
- [Weekly calendar with reflection prompts](#)
- [To-done/all-through list](#)
- [A Year of Intention workbook](#) – enter PRC10 at checkout to received 10% off through January 31
- [Kinds of self-care](#)
- [Self-care bingo](#)
- [Living Liminality substack](#) – weekly writings on practical ministry matters

### From others:

- [Asana's explanation of the Eisenhower Matrix](#)
- [Brene Brown's values exercise](#)
- [Kate Bowler article](#)
- [Flourishing in Ministry: How to Cultivate Clergy Wellbeing by Matt Bloom](#)

### Interested in exploring clergy coaching?

- [Learn more about clergy coaching](#)
- [Schedule an exploratory call](#)
- [Contact me](#)