

## **Simple Directions to Make Holy Listening Stones**

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### **Supplies:**

- Stones (or whatever you plan to use to put the symbols on). Each set has 28 stones.
- Bags or boxes to place them in. (While a baggie will work, we like to place the stones in a cloth bag or nice box because it makes them feel holy rather than like a toy or play thing.)
- Permanent Markers. (I like black best simply because you do not want color to affect the child's emotions.)
- Mod Podge

### **Steps to Make:**

1) Purchase stones (pre polished from a craft store in the floral department. These are used to put in vases etc).

2) Using a permanent marker, draw the symbols on the rocks and let them dry well. (A pdf of the symbols is below.)

3) Place a small dab of "Mod Podge" on each stone and let it dry. (If you skip this step, the symbols will rub off the rocks. It is vey important! We have tried finding spray but have not had any luck.)

4) Place them in the bags after they dry for several hours.

### **Tip for making them with a group:**

We have found that the easiest way to make sets as a group is for each person to make the same symbol (s).

- So we used 28 paper plates and drew one of the symbols on each plate. Then we placed equal numbers of stones on each plate.
- The person assigned to that shape did all of them and placed the mod podge on after they had dried well.
- Then later, after they had dried well, we laid all of the plates out in one line and filled each individual bag with a stone from each plate.

# Holy Listening Stones



