Confirmation Curriculum for Persons with Mental and Developmental Disabilities

[Building on the Rock](#)
Concordia Publishing House offers this resource for people with intellectual and development disabilities to be included in confirmation classes; it is written at a grade 3-4 reading level. There are six downloadable units: The Bible, Baptism, Communion, 10 Commandments, The Lord's Prayer, and The Apostles' Creed, which include teacher lessons, student handouts/activities and one complete set (50 total) of the Building on the Rock Communication Cards. There are also optional lessons for follow-up and non-readers. It was originally available from Bethesda Lutheran Communities, which is now known as AbleLight.

[Flames Sunday School and Confirmation Series](#)
This "Faith Development" curriculum is free to download on the Disability Ministries of the United Methodist Church website. It engages and prepares teens and adults of all abilities to participate in worship and church life and can be used in classes for teens and adults with intellectual and developmental disabilities or it can supplement materials in typical student classes, such as confirmation classes. It has United Methodist beliefs written at a 3rd grade reading level. Lessons include songs from the United Methodist Hymnal, Chuck Knows Church videos, Bible verses, discussion, prayer, and hands-on activities. "God Across Cultures" continues the confirmation series by sharing about other religions, cultures, and denominations.

[Narratology](#)
This curriculum from clergystuff.com is a church confirmation program designed for one, two, or three learners which includes a special-needs section. Narratology is a framework for creating a storytelling, relationship-building experience for middle schoolers.