

# **Confirmation Curriculum for Persons with Mental and Developmental Disabilities**

## **Building on the Rock: Preparing for First Communion and Confirmation**

This curriculum offers a structure to support the First Communion process and Confirmation instruction for people with intellectual and developmental disabilities. Building on the Rock is designed to offer people with developmental disabilities the opportunity to become a participating member of the church.

46 lesson plans, one set of concept cards, five sets of student leaflets

6/22/17 - This curriculum was originally available on the [Bethesda Lutheran Communities website](#) but is now in the process of moving to [Concordia Publishing's website](#).

## **FLAMES Faith Development and Confirmation Curriculum for Teens and Adults with Intellectual Developmental Disabilities**

This curriculum is a free download available on the [UMC Disability Ministry website](#).

This faith development and confirmation series engages and prepares people of all abilities to participate in worship and church life. This series is intended for classes for teens and adults with intellectual and developmental disabilities. It can also be used to supplement materials in typical student classes which are written at a functional reading level. The lessons include songs from the United Methodist Hymnal, videos, Bible verses, discussion, prayer, and hands-on activities.